

2024

## MARZO



frutta

arance, kiwi,  
mandarini, pere,  
pompelmo

ortaggi

asparagi, bietole da costa,  
broccoli, carciofi, carote,  
cavolfiore, finocchi, lattuga,  
patate, radicchio, sedano,  
spinaci

LUNEDÌ

MARTEDÌ

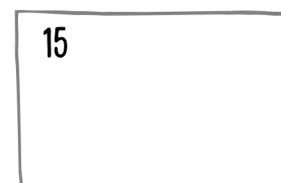
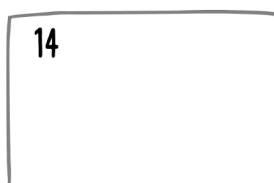
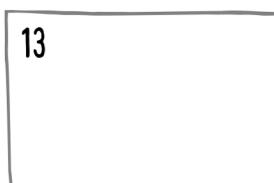
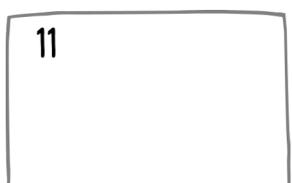
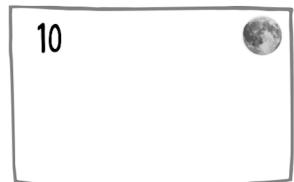
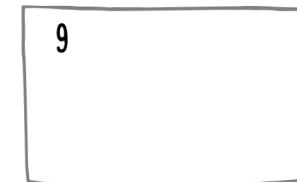
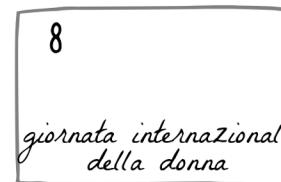
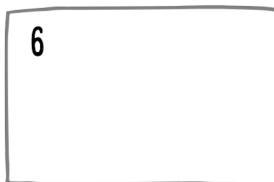
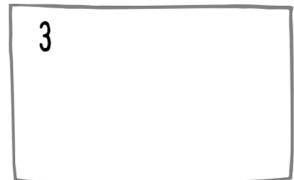
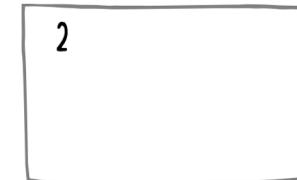
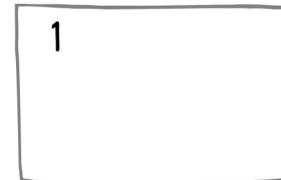
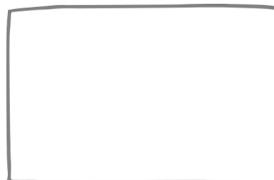
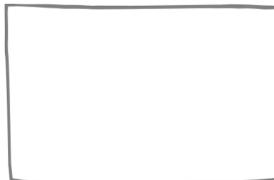
MERCOLEDÌ

GIOVEDÌ

VENERDÌ

SABATO

DOMENICA



st. patrick's day

